

AUTUMN TERM MENU

2026

Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will be provided for children where needed. (H) All of the meat we use is Halal approved

What's for Lunch?

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Chinese Stir Fry Beef GLUTEN (WHEAT)	Swedish Meatballs (Vegetarian)	Chicken Tikka Masala Curry	Sweet and Sour Tofu GLUTEN (WHEAT), SOY, SESAME	Margarita Pizza MILK, GLUTEN (WHEAT)
MAIN (V)	Vegetarian Spring Rolls GLUTEN (WHEAT)	As Above	Paneer Tikka Curry DAIRY	Vegetable Noodles GLUTEN (WHEAT)	As above made with vegan cheese GLUTEN (WHEAT)
SIDES	Sticky Rice Asian Slaw SESAME Homemade Bread GLUTEN (WHEAT)	Mashed Potatoes Gravy Cranberry Sauce Pickled Cucumbers Homemade Bread GLUTEN (WHEAT)	Rice Naan GLUTEN (WHEAT) Cucumber and Mint Yoghurt DAIRY	Pickled Chillis Homemade Bread GLUTEN (WHEAT)	Cous Cous GLUTEN (WHEAT) Garlic Dip DAIRY
VEGETABLES	Broccoli	Peas	Curry Roast Cauliflower	Honey and Sesame Roasted Carrots SESAME	Sweetcorn
SALAD BAR	Available daily - includes a variety of freshly prepared salad, pickles, coleslaw, potato salad & olives				
DESSERT	Fresh Fruit available every day Tuesday - Yoghurt Bar DAIRY Friday - Cake day EGG, GLUTEN (WHEAT)				

What's for Tea? (Preschool & Playcentre Only)

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Tomato, Pepper & Pumpkin Soup	Chilli Con Carne Or Lentil Chilli	Sweet Potato And Pepper Tagine	Chickpea Coconut Curry	Vegetarian Shepherd's Pie
SIDE	Cheese Toastie DAIRY, GLUTEN (WHEAT)	Jacket Potatoes Steamed Vegetables	Cous Cous GLUTEN (WHEAT)	Rice	Steamed Cabbage

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What's for Lunch?

<u>WEEK TWO</u>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Tomato and Basil pasta GLUTEN (WHEAT)	Braised Beef Taco	Sweet potato and cheese empanadas DAIRY, GLUTEN (WHEAT)	Jerk Chicken & Gravy	Breaded Fish FISH
MAIN (V)	Pesto pasta GLUTEN (WHEAT)	Vegetable tacos	Sweet potato and pepper empanadas GLUTEN (WHEAT)	Jerk Halloumi DAIRY	Homemade Veggie Fingers GLUTEN (WHEAT)
SIDES	Cheese DAIRY Garlic Bread GLUTEN (WHEAT)	Sweet Potato Wedges Soft Tortillas GLUTEN (WHEAT) Cheese DAIRY Hot Sauce	Herby Cous Cous GLUTEN (WHEAT) Homemade Bread GLUTEN (WHEAT)	Pumpkin Curry Rice & Peas Coleslaw EGG Flatbread GLUTEN (WHEAT)	Potato Wedges Homemade Ketchup Tartare Sauce EGG
VEGETABLES	Garlic Broccoli	Sweetcorn	Roast Mixed Vegetables	Green Beans	Minty peas
SALAD BAR	Available daily - includes a variety of freshly prepared salad, pickles, coleslaw, potato salad & olives				
DESSERT	Fresh Fruit available every day Tuesday - Yoghurt & Granola Wednesday - Fruit Jelly (vegan) Friday - Cake day				

What's for Tea? (Preschool & Playcentre Only)

<u>WEEK ONE</u>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Homemade Baked Beans	Roast Chicken Jollof Rice	Vegetarian Lasagne GLUTEN (WHEAT), DAIRY Or Vegetable Pasta GLUTEN (WHEAT)	Carrot and Red Lentil Soup	Pumpkin & Chickpea Curry
SIDE	Mini Jacket Potatoes	Steamed Vegetables	Garlic Broccoli	Bread GLUTEN (WHEAT)	Rice & Peas