

SPRING TERM MENU

2026

What's for Lunch?

<u>WEEK ONE</u>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Roast chicken drumsticks	Chilli Con Carne Taco / Fajita Tuesday	Tomato and Red Pepper Sauce	Jerk chicken & gravy	Breaded fish <i>FISH, GLUTEN (WHEAT)</i>
MAIN (V)	Vegetable toad in the hole <i>EGGS, GLUTEN (WHEAT)</i>	Vegetarian Chilli	Vegetarian bolognaise	Jerk halloumi <i>MILK</i>	Butternut squash fritters <i>EGGS, GLUTEN (WHEAT)</i>
SIDES	Roast Potatoes, Gravy <i>GLUTEN (WHEAT)</i> Focaccia bread <i>GLUTEN (WHEAT)</i> Gravy <i>GLUTEN (WHEAT)</i>	Cheese <i>MILK</i> Salsa Homemade hot sauce Taco or Tortilla <i>GLUTEN (WHEAT)</i>	Spaghetti or penne <i>GLUTEN (WHEAT)</i> Cheese <i>MILK</i> Garlic bread <i>GLUTEN (WHEAT)</i>	Rice & Peas Flatbread <i>GLUTEN (WHEAT)</i>	Skin on chips Homemade Tartare sauce <i>EGGS</i> Homemade ketchup
VEGETABLES	Honey roast carrots	Roast squash and Sweet potatoes	Peas and sweetcorn	Green beans	Minty peas
SALAD BAR	Available daily - includes a variety of freshly prepared salad, pickles, coleslaw, potato salad & olives				
FRUIT	Fresh Fruit Platter available daily				
DESSERT	Fruit pastries – Monday <i>GLUTEN</i> Jelly with fruit - Tuesday Yoghurt & Honey or fruit puree- Available Daily <i>MILK</i> Chocolate Brownie - Wednesday <i>EGGS, GLUTEN (WHEAT), MILK</i> Carrot cake with icing <i>EGGS, GLUTEN (WHEAT), MILK</i>				

What's for Tea? (Preschool & Playcentre Only)

<u>WEEK ONE</u>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Tomato and Vegetable pasta bake <i>GLUTEN (WHEAT), MILK</i> Or Tomato and basil penne pasta <i>GLUTEN (WHEAT)</i>	Chicken and potato tagine Or Squash and potato tagine	Chickpea and vegetable coconut curry	Spiced meatballs Or Spiced sweet potato and tomato stew	Vegetarian chilli
SIDE	As above	Cous Cous <i>GLUTEN (WHEAT),</i>	Rice	Steamed new potatoes	Rice Cheese <i>MILK</i>

Wherever possible, all food is homemade on site from local, British ingredients.

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Allergen free options will be provided for children where needed.

What's for Lunch?

<u>WEEK TWO</u>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Chicken Sausage	Lentil and vegetable chilli	Chicken Burger	Chicken Curry	Margarita Pizza MILK, GLUTEN (WHEAT)
MAIN (V)	Vegetarian Sausages	Butternut Squash Chilli	Falafel burger GLUTEN (WHEAT)	Sweetcorn fritters DAIRY EGG	As above made with vegan cheese
SIDES	Mashed potatoes Onion gravy GLUTEN (WHEAT) Homemade bread GLUTEN (WHEAT)	Cheese MILK Salsa Homemade hot sauce Taco or Tortilla GLUTEN (WHEAT)	Roasted broccoli	Pilaf or plain rice Flatbread GLUTEN (WHEAT)	Corn on the Cob.
VEGETABLES	Broccoli	Roast carrots	Peas and sweetcorn	Roasted Cauliflower	Minty peas
SALAD BAR	Available daily - includes a variety of freshly prepared salad, pickles, coleslaw, potato salad & olives				
FRUIT	Fresh Fruit Platter available daily				
DESSERT	Flapjack- Monday Fruit pastries – Tuesday GLUTEN Fruit & Jelly – Wednesday. Pineapple Upside Down cake - Thursday EGGS, GLUTEN (WHEAT), Milk Chocolate Brownie - Wednesday EGGS, GLUTEN (WHEAT), MILK Yoghurt & Honey or fruit puree - Available Daily Milk				

What's for Tea? (Preschool & Playcentre Only)

<u>WEEK TWO</u>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Cauliflower Macaroni Cheese GLUTEN (WHEAT), MILK Or Butternut squash penne pasta GLUTEN (WHEAT)	Ratatouille with chickpeas	Bean and squash chilli	Chicken sausage casserole Or Chickpea and sweet potato casserole	Vegetarian bolognese
SIDE	as above	Cous Cous Yoghurt dip MILK	Rice	Roast new potatoes	Penne Pasta GLUTEN (WHEAT)

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