

Activity Timetable (Term Time only) 2nd September 2025 to 19th December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Family Breakfast (come and have breakfast with your children) 8.15am – 8.45am (0 - 10yrs) Drop in	Speech and Language 9am – 12pm Appointment only Math GCSE Course 9.30am - 3pm See booking details for English	Coffee Morning - with Joyce 8.45am – 9.30am Drop in First Steps 1.1 Consultation 9am - 3pm Appointment only	Mini Movers 1.1 Consultation 9am - 3pm Appointment only Registered Childminder's Group 9.30am – 11.30am	Special Educational Needs and Disabilities stay 'n' play Emerging or diagnosed 9am - 11am
Health Visitor (Development Checks) 9.30am – 11.30am Appointment only First Steps 1.1 Consultation 9am – 3pm Appointment only	Health Visitor Clinic 9.30am – 11.30am Appointment only Sensory Stay 'n' Play 9.30am - 11.30am (0 - 8yrs) Drop in	Breastfeeding Infant Drop in Session 10am - 11am Math GCSE Course 9.30am - 3pm See contact details for English	Drop in Toy Library 9.30am - 11.30am (0 - 5yrs) Hartbeeps Sensory music classes 10am - 10.45am (Birth - pre crawling) Booking required	Baby Massage with Karen 12/09 5 week course 14/11 5 week course 10am- 11.30am Booking required (4 weeks - pre crawling)
Badu Keep Fit for Adults 10am - 11.30am Booking required (with creche) English GCSE Course 1pm - 3pm Booking required Please call 02083565055 or email iag@hackney.gov.uk	Messy Play 1.30pm – 3.30pm (0 - 8yrs) Drop in Stay 'n' Play 3.45pm - 4.54pm (0 - 8yrs) Drop in	Respite Creche 30 - 3.30pm (0 - 5yrs) Please check eligibility	English GCSE Course 1pm - 3pm See Monday booking details Health Visitor Clinic 1.30pm – 3.30pm Appointment only	Please call to book or enquire about our sessions on 0208 9854922 Healthy Start Vitamins FREE vitamins for pregnant women, new mums and Children under four.
Respite Creche (0 - 5yrs) 1.30pm - 3.30pm Please check eligibility Stay 'n' Play (0 - 8yrs) 3.45pm - 4.45pm Drop in		Stay 'n' Play 3.45pm - 4.54pm (0 - 8yrs) Drop in	Baby Yoga with Karren 11/09 5 week course 13/11 5 week course 1.30pm - 2.30pm Booking required (6 weeks - pre crawling)	Muma Meet Up 11.30am - 1pm Please ask for more information Cooking - with Joyce 3.30pm - 5pm (0 - 5yrs) Drop in