

WHAT'S FOR LUNCH?

Spring
Week 1

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---------------------|--|---------------------|---|
| MAIN | Pasta (Cheese / Tomato sauce) SOY, WHEAT & MILK | Chicken Burger | Margarita Pizza MILK (Gluten option available) | Chicken Curry | Fresh Fish of the Day Fish cakes FISH, EGGS, GLUTEN (WHEAT) |
| MAIN (V) | Pasta (Cheese / Tomato sauce) SOY, WHEAT & MILK | Vegetable Burger | Margarita Pizza MILK (Gluten option available) | Vegetable Curry | Vegetable Fritters CELERY, GLUTEN (WHEAT) |
| SIDES <small>Where main includes, portion will be offered as optional extra</small> | Honey Roasted Carrots | Sweet Potato Wedges | Homemade Garlic Bread GLUTEN (WHEAT) | Plain Rice | Potato Wedges |
| VEGETABLES | Honey Roasted Carrots | Coleslaw | Mini Corn on the Cob | Curried Cauliflower | Baked Beans |
| SALAD BAR | Salad bar available daily – includes freshly prepared salad, salad pickles, coleslaw, potato salad | | | | |
| FRUIT | Fresh Fruit Platter available daily | | | | |
| DESSERT | Rice Pudding and Jam Shortbread Biscuits Yoghurt & Honey available daily EGGS, GLUTEN (WHEAT) & MILK | | | | |

Weeks Commencing:

Spring 1 = 06.01.25 and 27.01.25

Spring 2 = 24.02.25 and 17.03.25

Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available

WHAT'S FOR LUNCH?

Spring
Week 2

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--------------------------------------|--|--|---|
| MAIN | Jacket Potato | Beef Ragu GLUTEN | Chicken Sausage SULPHITES & GLUTEN (WHEAT) | Jerk Chicken SULPHITES | Fish Fingers FISH, EGGS, GLUTEN (WHEAT) |
| MAIN (V) | Jacket Potato | Quorn Ragu SOY & GLUTEN | Vegetarian Sausage GLUTEN (WHEAT) | Jerk Halloumi MILK & SULPHITES | Veggie Fritters GLUTEN (WHEAT) |
| SIDES <small>Where main includes, portion will be offered as optional extra</small> | Tuna, Cheese | Spaghetti or Pasta GLUTEN (WHEAT) | Mashed Potato | Jollof Rice Wholemeal Bread GLUTEN (WHEAT) | Skin on Chips |
| VEGETABLES | Baked Beans | Broccoli | Steamed Cabbage | Smoked Paprika Sweet Corn | Peas and Corn |
| SALAD BAR | Salad bar available daily – includes freshly prepared salad, salad pickles, coleslaw, potato salad | | | | |
| FRUIT | Fresh Fruit Platter available daily | | | | |
| DESSERT | Apple Crumble & Custard Sponge Cake Yoghurt & Honey available daily EGGS, GLUTEN (WHEAT) & MILK | | | | |

Weeks Commencing:

Spring 1 = 13.04.25 and 03.02.25

Spring 2 = 03.03.25 and 24.03.25

Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available

WHAT'S FOR LUNCH?

Spring
Week 3

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|------------------------------------|--------------------------------|---|--------------------|
| MAIN | Mac and Cheese | Sweet and Sour Chicken CELERY | Spaghetti Bolognese (Beef) | Fresh Fish of the Day FISH, EGGS, GLUTEN (WHEAT) | Chicken Wings |
| MAIN (V) | Mac and Cheese | Sweet & Sour Cauliflower CELERY | Quorn Beef Spaghetti Bolognese | Halloumi MILK | Cauliflower Cheese |
| SIDES <small>Where main includes, portion will be offered as optional extra</small> | Garlic Bread | Plain rice | Dough Balls | New Potatoes | Jollof Rice |
| VEGETABLES | Plantain | Green Beans | Broccoli | Seasoned Carrots | Mini Corn on Cob |
| SALAD BAR | Salad bar available daily – includes freshly prepared salad, salad pickles, coleslaw, potato salad | | | | |
| FRUIT | Fresh Fruit Platter available daily | | | | |
| DESSERT | Carrot Cake with Custard Cookies Yoghurt & Honey available daily EGGS, GLUTEN (WHEAT) & MILK | | | | |

Weeks Commencing:

Spring 1 = 20.01.25 and 10.02.25

Spring 2 = 10.03.25 and 31.03.25

Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available