

WHAT'S FOR LUNCH?

AUTUMN 1
WEEKS 2+5

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Chicken Sausage + Onion Gravy CELERY, MUSTARD, SOY SULPHITE, WHEAT	Mexican Pulled Chicken Tacos	Lamb + Lentil Lasagna EGG, MILK, MUSTARD, SOY, SULPHITE, WHEAT	Panko Fish Katsu Curry EGG, FISH, SOY, WHEAT	Cheese Burgers CELERY, MILK
MAIN (OPTION 2)	Vegetarian Sausage + Onion Gravy BARLEY, CELERY, EGG, MUSTARD, SOY, SULPHITE	Mexican Bean Tacos SULPHITES	Lentil + Squash Lasagna EGG, MILK, MUSTARD, SOY, SULPHITE, WHEAT	Panko Tofu Katsu Curry EGG, SOY, WHEAT	Cheese + Bean Burgers CELERY, MILK
SIDES	Creamy Mash MILK Simple Bread WHEAT	Mexican Rice Cheese Quesadilla MILK, WHEAT	Roast Potatoes Herb Focaccia WHEAT	Simple Rice Spring Roll MILK, WHEAT	Homemade Fries Brioche Bun MILK, WHEAT
VEGETABLES	Green Beans	Sweetcorn	Honey Roasted Carrots	Edamame Beans SOY	Padron Peppers
EXTRAS	Salad Bar Available Daily CELERY, WHEAT / Fresh Fruit Platter Available Daily Mondays, Wednesdays + Fridays - Yoghurt with Honey + Berries MILK Tuesdays – Butternut Squash Cake EGG, MILK, WHEAT / Thursdays – Beetroot Brownie EGGS, MILK, SOY, WHEAT				

Weeks commencing – 11/9/23, 25/9/23, 2/10/23

Wherever possible, all food is homemade on site using local, British ingredients

ALLERGEN INFORMATION Gainsborough employs a no PEANUT and no TREE NUT policy -

However, raw ingredients may be packed in a facility that handles or NUTS or OTHER NUTS

