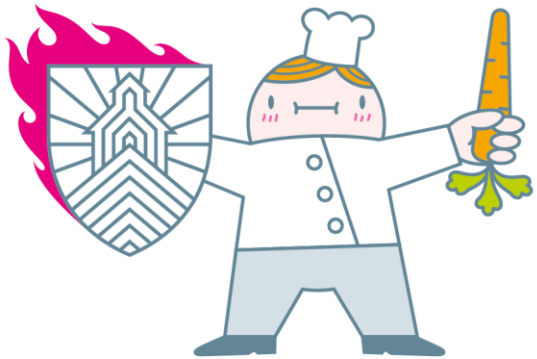
WHAT'S FOR LUNCH?

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Hackney Pasta Red (V)	Pizza Roasted Veg Sweet Sauce (V)	Thai Green Curry	Marinated Chicken Thighs, Korean Style	Fresh fish of the Day Panko Breadcrumbs
MAIN (OPTION 2)	As Option 1	As Option 1	Thai Vegetable Curry	Quorn and Mixed Vegetable Stew	Vegetable Fritter
SIDES Where main includes, portion will be offered as optional extra	Late Summer Salad	New Potatoes	Noodles	Jollof Rice	Skin-On Chips with Herbs and Garlic
VEGETABLES	Broccoli	Included in Main	Carrots	Peas	Sweetcorn
EXTRAS	Homemade bread of the day, natural yogurt, fresh seasonal whole fruit selection, fresh seasonal mixed leaf salad				



Weeks commencing: 6th September, 20th September, 4th October, 18th October

Wherever possible, all food is homemade on site from local, British ingredients