



Children's Centre at Gainsborough: Spring 2 Timetable of Activities *reduced timetable*



Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Coffee Morning 8.45am-9.30am</i> <i>Drop in for coffee and a chat</i> <i>Open to everyone start TBC</i></p> <p>Growing Stay n Play Up to 5 Years <i>Spring sowing and growing</i> <i>4 week course 10am-11am</i> <i>Starts Monday 1st March</i></p> 	<p><i>Turkish Families Coffee Morning</i> <i>8.45am-9.30am Start TBC</i></p> <p>Tumble Tots Stay n Play up to 5 years 10am-11am Starts 2nd March</p> <p>Drop-in session for parents/carers with their children. Meet other families, discuss development & routines & socialise their under 5's</p>	<p><i>Polish Families Coffee Morning</i> <i>8.45am-9.30am Start TBC</i></p> <p>Tumble Tots Stay n Play under 18months 10am-11am Starts 3rd March</p> <p>Drop-in session for parents/carers with their children. Meet other families, discuss development & socialise their babies</p>	<p><i>Bengali Families Coffee Morning</i> <i>8.45am-9.30am Start TBC</i></p> <p>BADU COMMUNITY Active Stay n Play with BADU Sports up to 5 years 10am-11am Starts 4th March</p> <p>Fitness session with your under 5's Get active with our BADU Sports coach</p>	<p><i>Coffee Morning 8.45am-9.30am</i> <i>Drop in for coffee and a chat</i> <i>Open to everyone Starts TBC</i></p> <p>Please be advised that we have strict Covid procedures in place, to maximise everyone's safety. You will need to wear a mask onsite at all times, social distancing to be observed and Covid questionnaire to be completed on arrival.</p> <p>Apologies in advance for any inconvenience caused. Staff onsite are currently taking twice weekly lateral flow tests as well, for additional peace of mind</p>
 <p>Provides everything you need to help your little one get off to a great start. Topics covered in 8 weeks will help improve your Family lifestyle, Parenting confidence, eating and activity habits and enjoying life as a family. A 90 minutes interactive session & 2 short videos to watch each week.</p> <p>Date for next course: TBC</p>		 <p>Weaning Wednesday's</p> <p><i>Check out our online weaning cooking sessions for recipe's and advice. These can be found on our Instagram page Every Wednesday</i></p>	<p>Baby Massage 1.30-2.30pm <i>5 week course for babies 4 weeks to 4 months old.</i> Starts Thursday 4th March 2021</p> <p><i>Please book in advance very limited spaces due to</i></p> 	<p>Toy Library Fridays! <i>Drop in and borrow a toy from our toy library...</i></p> <p><i>Starts 5th March</i> <i>Anytime between 10am & 11.00am or 2pm & 3pm</i></p> 

2 Year Old Provision: Ducklings

15 hours free & paid spaces available

Our 2 year old provision will be going full-time from September 2020! There are various options for care available—please ask for an application form for details. We will continue to offer 15hr funded places as usual. These sessions run from **9.00am-12noon or 12.30pm-3.30pm Monday to Friday**. To check for spaces, costs and eligibility call 020 8985 4622



Check out Gainsborough's Instagram page

@gainsborough_hackney

for lots of fun activities, tips and advice.

● Training/Courses – You Must book

● No need to book

● By appointment