

## Gainsborough Primary School Lunch Menu –2019 Term Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish	Fish Finger Pitta	Toulouse Chicken Sausage or (H)Toulouse Chicken Sausage	Spaghetti Bolognese	Lemon & Thyme Roast Chicken	Buttermilk Chicken Fillet
Main dish	Roast Pepper, Pumpkin Pitta	Quorn Sausage	Pasta Pomodoro	Roasted Flat Mushroom with Mozzarella	Vegan Nuggets
Starchy dish	Warm Pitta	Buttered Mash	Included in main course	Garlic Roast Potatoes	Skin On Fries
Vegetable	Minted Mushy Peas	Garlic Buttered Green Beans	Broccoli	Carrots	BBQ Beans
Salad	Homemade Tatar Sauce	Salad Bar Selection	Salad Bar Selection	Salad Bar Selection	Salad Bar Selection
Dessert	Rhubarb Crumble Slice	Berry Yoghurt	Lemon Curd & Poppy Seed Sponge	Coconut & Mango Rice Pudding	Fresh Fruit
Fruit	Fruit Selection	Fruit Selection	Yoghurt	Fruit Selection Or Yoghurt	Yoghurt
Drink	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk

(H) = Halal

## Gainsborough Primary School Lunch Menu – 2019 Term Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish	Macaroni Cheese	Jerk Chicken	Beef Chilli Wraps	BBQ Glazed Chicken Thigh	Battered Cod
Main dish	Tomato, Red Lentil & Mozzarella Gnocchi Bake	Veg Patty	Five Bean Chilli Wrap	Smashed Garlic and Parmesan Sweet Potatoes	Vegan Nuggets
Starchy dish	Included In Main Course	Rice & Peas	Potato Wedges	Rice	Thick Cut Chips
Vegetable	Sugar Snap Peas	Garlic Kale	Included in main course	Green Beans	Mushy Peas
Salad	Salad Bar Selection	Salad Bar Selection	Salad Bar Selection	Salad Bar Selection	Salad Bar Selection
Dessert	Fruit Salad Pot	Cherry & Chocolate Sponge	Peach Yoghurt	Fresh Fruit Selection	Strawberry Cheesecake
Fruit selection	Fruit Selection	Fruit Selection	Fruit Selection		Fruit Selection Or Yoghurt
Drink	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk

(H) = Halal

### Gainsborough Primary School Lunch Menu – 2019 Term Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish	Roasted Vegetable Pizza	Chicken Tikka Masala	Lamb Kofte Kebab With Mint Yogurt	Jerk Chicken Fajitas Or (H) Jerk Chicken Fajitas	Southern Fried Chicken
Main dish	Goats Cheese & Caramelised Onion Pizza	Spinach, Sweet Potato & Lentil Curry	Roasted Veg & Feta Kebab	Quorn and Roast Vegetable Fajitas	Southern Fried Qourn Dippers
Starchy dish	Included In Main Course	Basmati Rice	Warm Pitta	Parmenteir Potatoes	Sweet Potato Fries
Vegetable	Coleslaw	Cucumber Raita	Onion, Tomato & Lettuce Salad	Sweet corn	BBQ Beans
Salad	Salad bar selection	Salad bar selection	Salad bar selection	Salad bar selection	Salad bar selection
Dessert	Fruit Selection	Pear & Rhubarb Crumble	Fresh Fruit Selection	Salted Caramel & Biscoff Sponge	Fruit Salad Pot
Fruit	Fruit selection	Yoghurt	Fruit selection or Yoghurt	Fruity Yoghurt	Fruit selection or Yoghurt
Drink	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk

(H) = Halal